

Pregnant or have a baby? Get vaccines and treatments for COVID-19, flu, and RSV this fall.

What should I know about flu?

- Healthy children and adults can still get severe influenza.
- It is safe to get the flu vaccine while pregnant.
- Getting an annual flu vaccine is the best way to reduce your risk of getting sick from the flu.
- Children under 9 may need two doses.
- According to the CDC, it is safe for people with egg allergy to get any flu vaccine as long as it is otherwise appropriate for their age and health status.

What should I know about COVID-19?

- Vaccination remains the best protection against COVID-19-related hospitalization and death.
- It is safe to get the COVID-19 vaccine while pregnant.
- Generally, everyone 5 years and older should get at least 1 dose of an updated COVID-19 vaccine.
- Children 6 months - 5 years may need multiple doses. Talk with your doctor about how many doses your child may need based on their age.
- Most health insurance plans will cover COVID-19 vaccine at no cost to you.
- The Vaccines for Children program provides no cost vaccines to children who cannot pay for them. This program covers all childhood vaccines including COVID-19.

What should I know about RSV?

- There are two options to keep infants younger than 8 months protected from RSV:
 - Beyfortus (nirsevimab) - A treatment for RSV given to infants 8 months or younger and gives temporary protection against RSV.
 - Abrysvo - An RSV vaccine given in RSV season to pregnant people between 32 and 36 weeks of pregnancy to provide protection to their infant when they are born.
 - Pregnant people should only be vaccinated once and do not need to be vaccinated in future pregnancies. Infants born to people vaccinated in a previous pregnancy may get nirsevimab to help protect against RSV.
- Children ages 8 to 19 months at high risk can get Beyfortus (nirsevimab) in their second RSV season.
- Palivizumab is another monoclonal antibody treatment that has been in use since 1998. It is for children under 24 months who are at high risk for RSV.



Because you and your child deserve the BEST protection!

Talk to your healthcare provider about which vaccines you and your child need to stay healthy this fall and winter!

